

**GURU GOBIND SINGH COLLEGE FOR WOMEN  
SECTOR- 26, CHANDIGARH**

**ANNUAL REPORT 2020-2021  
NATIONAL SERVICE SCHEME**

**World Environment Day**

World Environment Day was celebrated on 5<sup>th</sup> June, 2020 by the NSS volunteers of the college. It is annual campaign run by United Nations to raise the global awareness about environment and nature to protect the planet earth. NSS Program Officers, Ms. Arshveer Kaur and Ms. Savita Saini conducted an online lecture to create awareness amongst the volunteers on importance of clean environment and water conservation. 100 volunteers participated in the activity and also made efforts at their ends by writing paragraphs on environment day planting trees.

**Ek Bharat Shreshtha Bharat**

*Online Quiz*

Online Quiz competition was organized by State NSS Cell, Rusa and Panjab University, Chandigarh on Dadra and Nagar Haveli from 11<sup>th</sup> to 14<sup>th</sup> June, 2020 under Ek Bharat Shreshtha Bharat. 90 volunteers participated out of which 62 received the e-certificates as the certificates were provided to the volunteers who scored more than forty percent.

*Poster Making Competition*

Inter-college poster making competition was organized by the NSS Unit of the college under Ek Bharat Shreshtha Bharat on 20<sup>th</sup> June, 2020. The participants participated with full zeal and enthusiasm from the different colleges of Punjab and Chandigarh. 50 posters were received through the e-mail, depicting the culture, dance form, monuments etc. of Dadra and Nagar Haveli. First and second prize was bagged by Jassmn Brar of GGDS College, Sector 32, Chandigarh and Anisha of GGSCW, Sector 26, Chandigarh. The third and the consolation prize were bracketed. E-certificates were mailed to all the participants.

## **INTERNATIONAL YOGA DAY**

The 6<sup>th</sup> International Yoga Day was celebrated on 21<sup>st</sup> June, 2020 by the NSS volunteers of Guru Gobind Singh College for Women, Sector-26, Chandigarh with great enthusiasm. This year the theme of the Yoga Day was "Yoga at Home and Yoga with Family". 100 NSS volunteers participated and demonstrated various 'Asans' with their families and shared pictures and videos. A webinar was also organized on "Igniting Passion and Eliminating Stress with Yoga". The webinar was conducted by Ms. Tanvi Sukhija, HR Professional and Life Coach with Art of Living on Google Meet. She focused on how philosophy of yoga can help in leading healthy, happy and stress free life and also discussed the importance of Satvik Aahar ( Good and Nutritious Diet). The power point presentation and various posters on Yoga were also presented by the volunteers.

## **No Plastic Day**

3<sup>rd</sup> July, 2020 was celebrated as "No Plastic Day" by the NSS Volunteers of the Guru Gobind Singh College for Women, Sector-26, Chandigarh. 10 volunteers participated in poster making competition on the theme 'Discard Plastic' and 15 volunteers presented PPTs in power point competition highlighting 'Harmful Effects of Plastic on the Environment'. Volunteers also designed an online campaign "Say No to Plastic Bags". After the PPT presentations, 100 volunteers took pledge through online platform-zoom meeting and vowed not to use plastic.

## **Independence Day**

Independence Day was celebrated virtually on Google Meet on 15<sup>th</sup> of August 2020. 40 NSS volunteers of Guru Gobind Singh College for women sector 26, Chandigarh participated in the meeting and took pledge on Gandgi Mukt Bharat. Volunteers were also taught about the importance of keeping hygiene and cleanliness through lectures delivered by NSS Programme Officers. The activity was organized to celebrate the Independence Day and to make the volunteers aware about the importance of personal hygiene and cleanliness.



### **Plantation of Native Species at GGSCW to Preserve Heritage**

A tree plantation activity was organized at Guru Gobind Singh College for Women, Sector – 26, Chandigarh on 21<sup>st</sup> August, 2020 to celebrate 400<sup>th</sup> birth anniversary of Sri Guru Teg Bahadur Ji. The activity was organized by VASUDHA, the College Environment Society and NSS Wing, under the aegis of Sikh Educational Society, the Governing Body of the College. 'Desi Beriyan' received from Beerh Mallan Society, Sri Muktsar Sahib were planted. The prime motive of the activity was to serve the community for ecological activism and to preserve the heritage. Members of the concerned societies along with other faculty members were present on the occasion where Dr. Jatinder Kaur, Principal stressed upon spreading the awareness among the youth regarding the importance of dwindling Native Species peculiar to our religion, culture, heritage and tradition which was ignored in the race for modernization.

### **Rashtriya Poshan Mah**

#### ***Recipes for healthy living***

NSS volunteers of Guru Gobind Singh College for Women, Sector 26, Chandigarh made healthy recipes at home and depicted the nutritional values of the same to celebrate Rashtriya Poshan Mah on 11 September, 2020. Total 16 recipes along with their preparation videos were shared.

Link for the recipes

<https://www.facebook.com/1799571353635028/videos/3151787851606485>

#### ***Poster Making***

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### **Webinar on Poshan**

On the 25<sup>th</sup> September 2020 a webinar was conducted to make the volunteers aware about the importance of good health. Total 131 students participated in the webinar. The volunteers were told about many healthy recipes and were also motivated to do regular exercises to stay fit.

### **Gandhi Jayanti**

Gandhi Jayanti, is an annual event that marks the birth anniversary of Mahatma Gandhi. This is a national holiday of India and it has also been designated as the International Day of Non-violence. To commemorate the 150th birth anniversary of Mahatma Gandhi this year, various activities were organised by the college on 2<sup>nd</sup> October, 2020. Due to COVID-19 pandemic, the activities were conducted virtually. The volunteers participated in Poster Making, Cleanliness drive, plog run and tree plantation at their native places. 30 volunteers participated in poster making, 20 in plog run, 50 in cleanliness drive and 10 in tree plantation. The NSS Programme Officers Ms Arshveer Kaur and Ms Savita Saini interacted with the students and educated them about the life of Mahatma Gandhi and how India won freedom through a non-violence movement.

### **Orientation of Volunteers**

An online orientation-cum-interaction session was organised on 7<sup>th</sup> October 2020 for the new-comers with the aim to apprise them of the college and about the National Service Scheme unit which works to make valuable contribution to the society and to sensitize the students towards various social issues. The NSS Programme Officers **Ms Arshveer** and **Ms Savita** informed the volunteers about the motto and objectives of the Programme. Volunteers too showed their enthusiasm and zeal to contribute whole heartedly in the forthcoming events to be organised under NSS. 200 volunteers were the part of orientation virtually.

### **Pledge against Covid-19**

Pledge against Covid-19 was taken by 134 volunteers of the NSS wing of the college. The volunteers promised to take all the necessary precautions that prevent the spread of deadly virus.



They also promised to follow and encourage others to follow the key to COVID Appropriate Behaviours and always wear a mask especially at the public places.

### **Vigilance Awareness week from 27<sup>th</sup> October 2020 to 2<sup>nd</sup> November 2020**

#### ***Integrity Pledge***

To observe vigilance awareness week from 27 October to 2nd November 2020 volunteers of Guru Gobind Singh College for Women Sector 26, Chandigarh took integrity pledge on 27<sup>th</sup> October, 2020. They promised not to take or give bribe at point in their lives, to act in public interest, to follow all the rules of the government in all the walks of their lives, to perform all the tasks in an honest and transparent manner, to lead by example exhibiting integrity in personal behavior and to report any incident of corruption to the appropriate agency. 80 volunteers took the pledge.

#### ***Posters and Slogan making on awareness against corruption***

Posters and slogans were made by the volunteers of Guru Gobind Singh College for Women sector 26 Chandigarh for creating awareness against corruption to celebrate vigilance awareness week on 28<sup>th</sup> October, 2020. 30 volunteers made the posters and slogans.

#### ***Inter College Poster and Meme Competition***

NSS Unit of Guru Gobind Singh College for Women, Sector-26, Chandigarh organized an Inter College Poster and Meme Competition on the theme सतर्क भारत समृद्ध भारत (VIGILANT INDIA, PROSPEROUS INDIA) under its initiative to observe The Vigilance Awareness Week. The competition was announced on 29<sup>th</sup> October, 2020 and the last date of submission was 1st November, 2020. On 2<sup>nd</sup> November, 2020 results were declared. Raveena Chaudhary and Palak Miglani of Guru Gobind Singh College for Women won the 1<sup>st</sup> and 2<sup>nd</sup> position respectively. Sahil Thakur of Govt. P.G. College, Ambala bagged the 3<sup>rd</sup> Position in Poster Making. Three consolation prizes were also announced in the same category. For meme making Simranjot Kaur of Guru Gobind Singh College for women bagged the 1<sup>st</sup> position and Ishpreet Singh of GCCBA, sector 50 got the 2<sup>nd</sup> position. 28 volunteers from different colleges participated and all the participants were issued E-Certificates.

## **National Unity Day**

Volunteers of Guru Gobind Singh College for women, Sector 26, Chandigarh took pledge on National Unity Day i.e. on 31<sup>st</sup> October, 2020 to preserve the unity, integrity and security of the Nation in both the languages - Hindi and English. 75 volunteers took the pledge. The day is celebrated to pay a tribute to Sardar Vallabhbhai Patel on his birthday.

## **Participation in Pre Republic-Day Selection**

Two NSS volunteers Sakshi Pundir and Mansi Pahal of Guru Gobind Singh college for women Sector 26 Chandigarh along with NSS PO Savita Saini participated in Pre RDC selection held at DAV college Sector 10 Chandigarh on 5th November, 2020. Both the volunteers participated in Drill, running and cultural activities performed for the purpose of selection. The registration started at 9:30 am and the selection program ended at 4:30 pm.

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## **Diwali**

### ***Visit to Ashiana***

NSS wing of the College celebrated Diwali with children of Ashiana, a specialized adoption center (children home) and Snehalaya for girls, Sector 15 Chandigarh. Diwali goodies were distributed to the children. NSS Programme Officers MS Arshveer Kau and Savita Saini along with 4 volunteers visited Ashiana on 10<sup>th</sup> November, 2020. All the norms of Covid-19 were observed diligently.



### ***Rangoli Competition***

An Inter- College Rangoli competition was organized on the eve of Diwali on the theme – “Victory of Good over Evil”. 19 entries were received from the different colleges. The results were announced on 15<sup>th</sup> November, 2020. Nandini of Guru Gobind Singh College for Women, Sector 26 bagged first prize and 2<sup>nd</sup> and 3<sup>rd</sup> prizes were won by Gunjan Gupta of DAV College, Sector-10 and Tamanpreet Kaur of Gobind Singh College for Women, Sector 26.

### **Constitution Day**

#### ***Oath***

Constitution Day was celebrated on 26<sup>th</sup> November, 2020 at Guru Gobind Singh College for Women, Sector-26. To mark the day an oath taking ceremony was organized in the college premises whrer Dr. Pooja Malhotra, Assistant Professor, Post Graduate Department of Commerce read the preamble to the constitution to the staff members of the college.

#### ***Poster Making***

A poster making competition was also organized amongst the volunteers of NSS wing. 14 volunteers participated in the competition and made attractive and informative posters. The competition was organized to illustrate the message contained in the Preamble.

#### ***Movie on Fundamental Duties***

A movie on fundamental duties was was shown to the volunteers of the NSS wing of the college. 75 volunteers watched the movie virtually. The movie was shown to increase the awareness amongst the volunteers on importance of fundamental duties and practicing the same in daily lives.

### **Prize in Inter College Competition**

Lakshya Nss volunteer of our college participated in online inter college slogan writing completion organized by PGGC of sector 46, Chandigarh. The competition was held under aegis of Ek Bharat Shrestha Bharat. She won 2<sup>nd</sup> prize in the competition.

## **National Youth Day**

To give tribute to Swami Vivekananda Ji on his birth anniversary NSS volunteers of Guru Gobind Singh College for Women, Sector-26 made posters on the teachings of Swami Ji on 12<sup>th</sup> January, 2021. Swami ji and his teachings were remembered to pay homage to him. 40 volunteers participated to celebrate the National Youth Day.

## **NSS Seven Days Special Camp**

### **Day one (21<sup>st</sup> January, 2021)**

- The day started with assembly at the college ground.
- A total of 62 students participated in the special camp.
- First Self Defense Training session was held after Tea for one hour.
- Then Orientation was held with the volunteers wherein duties and responsibilities were assigned to the volunteers. Various committees namely discipline, hospitality, decoration, cleanliness, cultural were formed for the smooth functioning of various activities during the camp.
- Post lunch, the students started the rehearsals for the Nukkad Natak to be organized at adopted village- Kishangarh, during the camp which was followed by distribution of the winter clothes, toys and goodies to the needy.

### **Day Two (22<sup>nd</sup> January' 2021)**

- Day two activities started with an assembly followed by the physical exercise at the college ground.
- After that practice of Parade for celebrating Republic Day was done followed by 2<sup>nd</sup> session of the self-defense training.
- Thereafter, the volunteers practiced for the Nukkad Natak.
- Post lunch pledge in English for water conservation and in Gujarati for Swachhtha was taken. The volunteers also made a formation of water drop for showing their awareness and making others too aware on the importance of water.
- At the end the college and hostel lawns were cleaned by the NSS volunteers.



### **Day Three (23<sup>rd</sup> January' 2021)**

- Day three started with prayer and physical exercise at the college ground followed by drill practice for the parade.
- After that third session of the self-defense training began.
- Subsequently, the volunteers wrote essays on 'Neta Ji Subhash Chandra Bose- An Inspiration for all the Indians' for celebrating the birthday of Neta Ji Subhash Chandra Bose.
- Post lunch the volunteers went to the adopted village at Kishangarh, and performed a Nukkad Natak on Awareness on Covid-19 and Personal hygiene.

### **Day Four (24<sup>th</sup> January' 2021)**

- Day four started with assembly and physical exercises at the college ground.
- After that the fourth session of the self-defense training began.
- A workshop on clay modeling conducted by Mr. Tulsi Ram (state awardee) was organized for the volunteers. The main aim of the workshop was to inspire the students to express themselves through their creativity and imagination.
- Post lunch volunteers practiced for the drill for parade.
- After the drill practice, door to door campaign on awareness on Covid-19 and Personal Hygiene in the adopted village, Kishangarh was organized.
- The day concluded with a visit to Ashiana Children's Home, Sector-15, Chandigarh

### **Day Five (25<sup>th</sup> January'2021)**

- Day five started with assembly and physical exercise at the college ground followed by the fifth session of the self-defense training.
- After the training a workshop was organized on Art and Craft lead by Ms. Narita Wadhera and Ms. Komal in which the volunteers learnt various innovative ways to create different articles.
- Post lunch the volunteers made thanks giving cards for distributing the same to the public servants who work day and night to serve our society.
- The volunteers practiced for the parade to be performed on 26<sup>th</sup> January.

- Subsequently volunteers visited the Senior Citizens Home and Day Care Centre in Sector-15, Chandigarh.

#### **Day Six (26<sup>th</sup> January'2021)**

- Day six started with prayer and physical exercise at the college ground.
- Thereafter the sixth session of the self-defense training began.
- After the training the volunteers did parade in the college campus to celebrate the Republic day.
- Kite making competition was also organized amongst the students in which the students made beautiful kites depicting different slogans on the same.
- Post lunch the thanks giving cards made for the public servants along with Masks and Sanitizers were distributed by the volunteers.

#### **Day Seven (27<sup>th</sup> January'2021)**

- Day seven started with assembly and physical exercise at the college ground followed by the seventh and the last session of the self-defense training for the volunteers.
- Mr. Bikram Rana, Sate Liaison Officer gave an inspirational speech to the volunteers followed by playing of games like 100 mts race, Musical Chairs etc.
- Post lunch the volunteers celebrated the day by participating in cultural activities.
- The camp concluded with prizes distribution to the winners of various activities performed during the seven day special camp.

#### **World Cancer Day**

To mark the World's cancer day on 4<sup>th</sup> February, 2021 the NSS volunteers of Guru Gobind Singh College for Women, Sector-26 participated in intra-college video making competition on the topic "Cancer-Beat it". The videos were sent by 15 volunteers. Prachita of B.com 1<sup>st</sup> Year, Komal of BA 1<sup>st</sup> Year, Sakshi Pundir of B.com 3<sup>rd</sup> Year and Juhi Kumari of BA 2<sup>nd</sup> Year were chosen as the prize winners.



### **Workshop on Plastic Management**

A workshop on one time plastic use was organized under the aegis of Action for Clean and Green Chandigarh E-waste and plastic waste management training organized by Chandigarh Pollution Control Committee in collaboration with Swarmani Youth Welfare Association Chandigarh on 6<sup>th</sup> March, 2021. 50 volunteers participated in the activity. The workshop was led by Mr. Rohit Kumar and focus was to reduce, reuse and recycle the one time use plastic.

### **Women's Day**

Women's Day was celebrated by volunteers of Guru Gobind Singh College for Women, Sector-26 on 8<sup>th</sup> march 2021. As we know, menstrual hygiene is an issue, women have been facing over the years. Keeping this in view, 10 NSS volunteers and 2 NSS Programme officers visited Aashiana Children home in Sector 15, Chandigarh and distributed sanitary napkins to 70 resident girls of the children home. COVID-19 Norms were followed.

### **Action for Clean and Green Chandigarh**

On 16<sup>th</sup> March, 2021 under the aegis of Action for Clean and Green Chandigarh E-waste and plastic waste management training organized by Chandigarh Pollution Control Committee in collaboration with Swarmani Youth Welfare Association Chandigarh organized wall painting and vertical gardening by utilizing used cold drink bottles. 25 volunteers participated and helped the team in painting the wall and doing the vertical gardening. Students learnt the importance of recycling and plastic waste management through this activity.

### **Azadi Ka Amrut Mahautsav**

#### ***Slogan Writing.***

A slogan writing competition was organized by the NSS wing of the college on 17<sup>th</sup> March 2021 to celebrate 75 years of independence- Azadi Ka Amrut Mahautsav. 18 volunteers participated in the competition. Kismet Gautam of BCA III Year, Jyoti Maurya of B.Com II year and Arshnoor Kaur of Bcom II Year won I, II and III prizes respectively.

### ***Just a minute***

Just a minute Competition was held on topic "My ideal Freedom Fighter" under the aegis of Azadi Ka Amrut Mahotsav for celebrating 75 years of Independence on March 22<sup>nd</sup>, 2021. 13 volunteers participated in the same. Sadhna of BA 2<sup>nd</sup> year won 1<sup>st</sup> prize and Gopika Gaba of B.com 3<sup>rd</sup> won 2<sup>nd</sup> position in the contest.

### **Poshan Mah**

#### ***Healthy Recipes***

To mark Poshan Mah, NSS volunteers of GGSCW Sector 26 Chandigarh shared recipes of healthy dishes virtually on 23<sup>rd</sup> March 2021, 24 volunteers shared their handwritten healthy recipes through social media. First position was backed by Sewak Kaur of B.Com II year, second by Amrita kumari of B.Com II year and third position by Lakshay of B.A. III year. The activity in that was making the volunteers aware of nutritious food and their learning on how to cook the same.

#### ***Poster Making***

Another day of Poshan Mah was celebrated on March 24, 2021. The volunteers participated in the poster making competition on the topic balanced diet. 21 volunteers participated in the activity. Simranjot Kaur of B.com 2<sup>nd</sup> year, Prachita of B.com 1<sup>st</sup> year and Lalita of B.com 2<sup>nd</sup> year bagged the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> position respectively.

#### ***Webinar on Nutrition***

NSS wing of GGSCW 26 organized a webinar in which a video on nutrition in human beings was shown to the volunteers on March 26, 2021. 57 volunteers participated in the same. The activity aimed at making the volunteers more nutrition conscious and to develop a healthy and balanced eating habit amongst them.

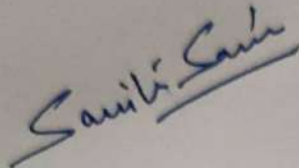

### **International Family Day**

On 15<sup>th</sup> May 2021, NSS volunteers of Guru Gobind Singh college for women, celebrated international family day to strengthen the bond between the members of their families. The volunteers cooked dishes for their respective families and enjoyed the same together. 40 volunteers participated in the same.

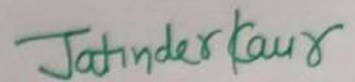


## Young Warrior Programme

NSS volunteers of the college participated in virtual meeting/training programme in coordination with regional/state representative of UNICEF-MoYAS Yuwaah Young warrior programme on 22<sup>nd</sup> May 2021 from 3:00 pm to 5:00 pm through zoom link. The aim of the discussion was to impart important knowledge to combat COVID-19 pandemic to the volunteer, so that the volunteers can further impart the knowledge to the public. 25 volunteers of the college participated in the session.



NSS Programme Officer



Principal

# GURU GOBIND SINGH COLLEGE FOR WOMEN, SECTOR- 26, CHANDIGARH

## ANNUAL REPORT 2020-2021

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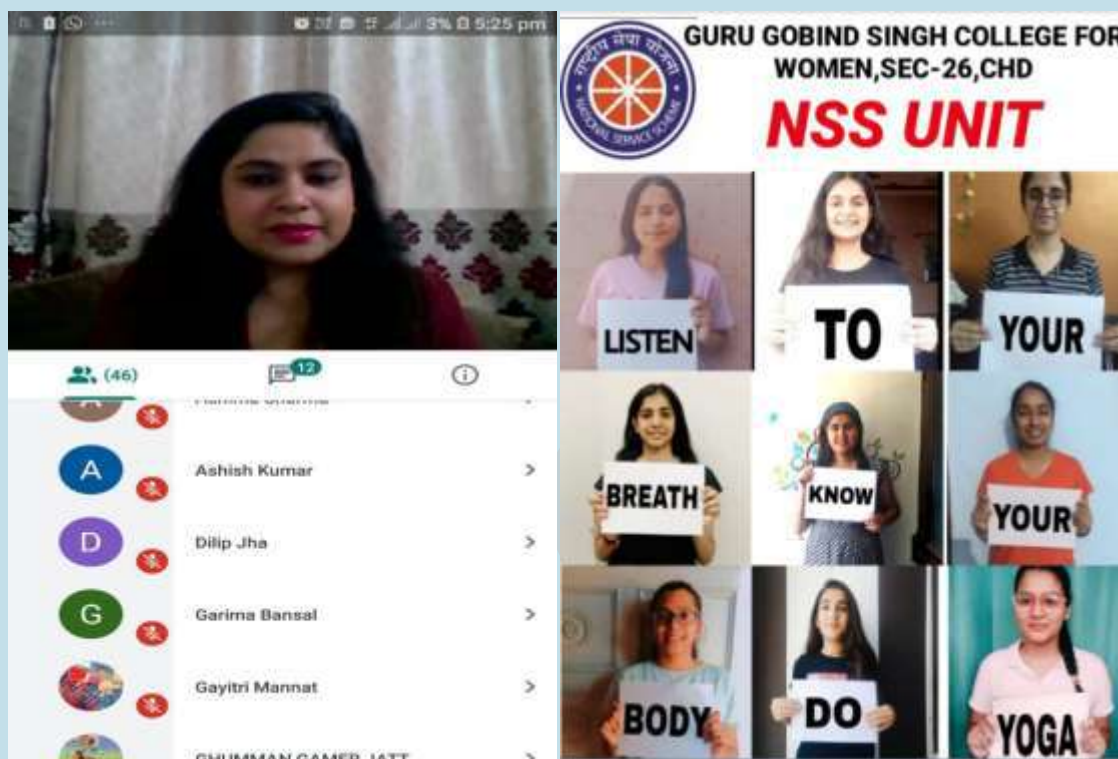


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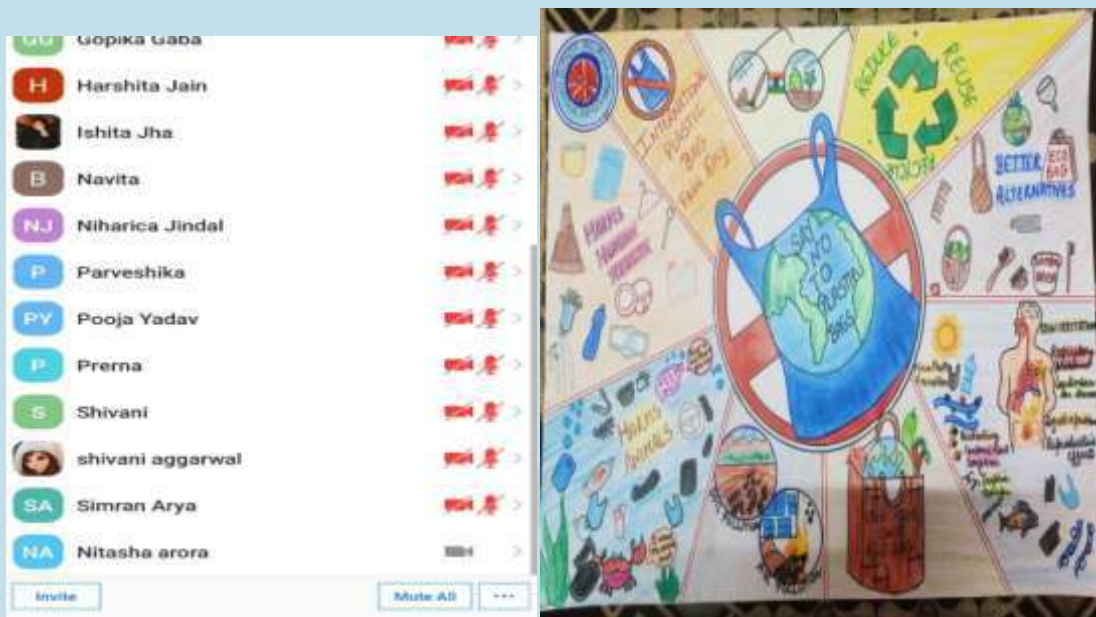






## NO PLASTIC DAY

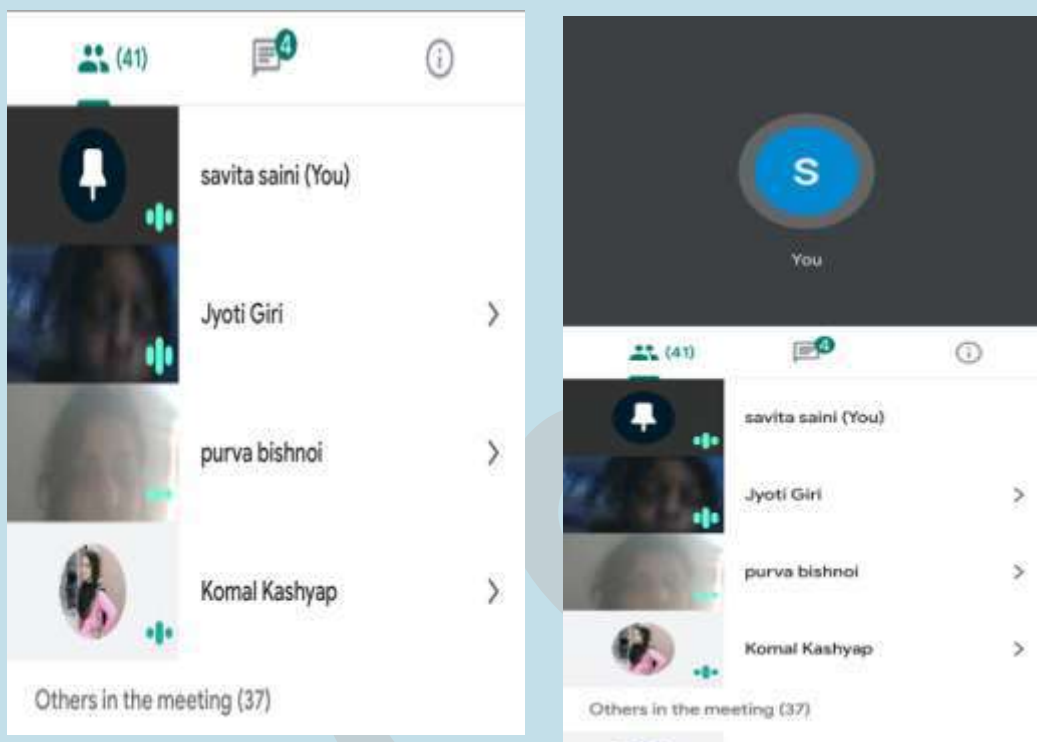
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## **PLANTATION OF NATIVE SPECIES AT GGSCW TO PRESERVE HERITAGE**

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## **RASHTRIYA POSHAN MAH**

### ***Recipes for healthy living***

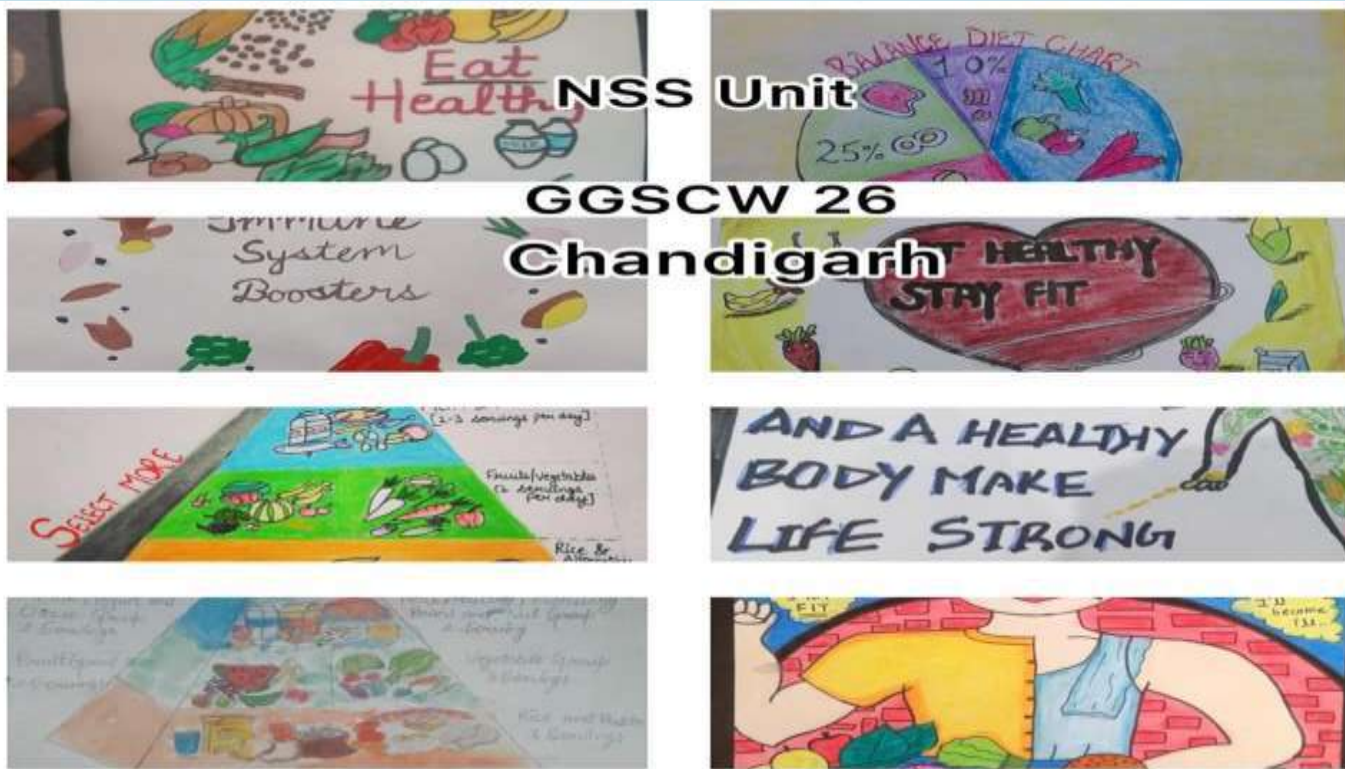
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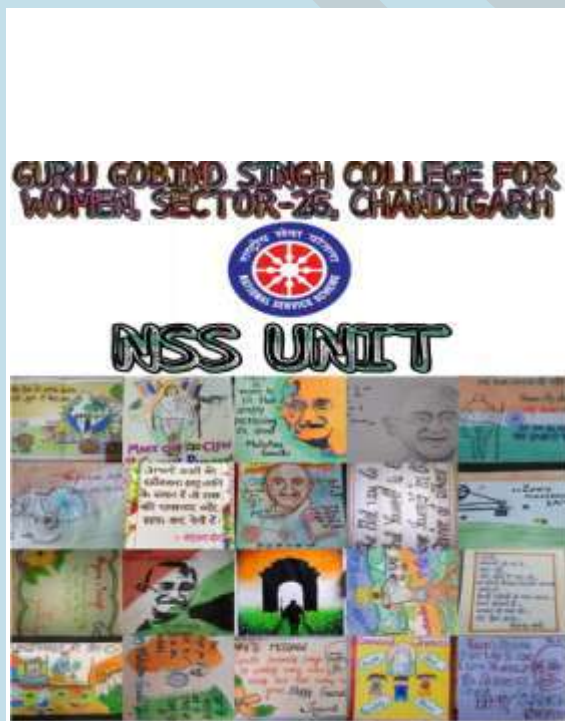
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about the life of Mahatma Gandhi and how India won freedom through a non-violence movement.



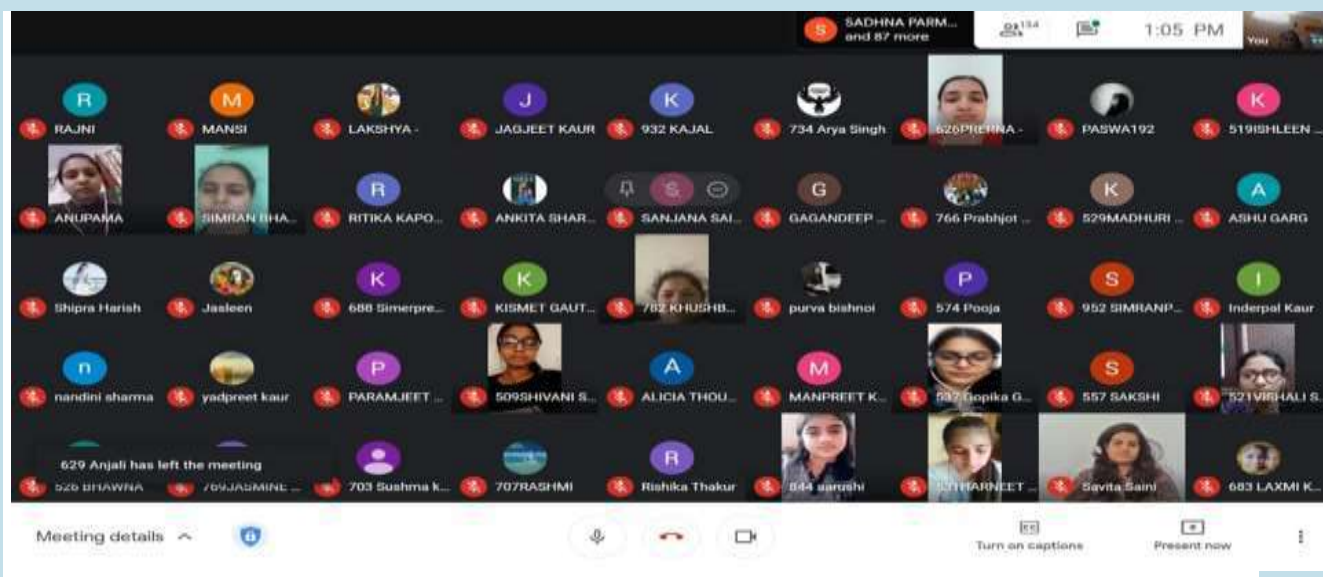
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An online orientation-cum-interaction session was organised on 7<sup>th</sup> October 2020 for the newcomers with the aim to apprise them of the college and about the National Service Scheme unit which works to make valuable contribution to the society and to sensitize the students towards various social issues. The NSS Programme Officers **Ms Arshveer** and **Ms Savita** informed the volunteers about the motto and objectives of the Programme. Volunteers too showed their enthusiasm and zeal to contribute whole heartedly in the forthcoming events to be organised under NSS. 200 volunteers were the part of orientation virtually.



## PLEDGE AGAINST COVID-19

Pledge against Covid-19 was taken by 134 volunteers of the NSS wing of the college. The volunteers promised to take all the necessary precautions that prevent the spread of deadly virus. They also promised to follow and encourage others to follow the key to COVID Appropriate Behaviours and always wear a mask especially at the public places.



## **VIGILANCE AWARENESS WEEK FROM 27<sup>TH</sup> OCTOBER 2020 TO 2<sup>ND</sup> NOVEMBER 2020**

### ***Integrity Pledge***

To observe vigilance awareness week from 27 October to 2nd November 2020 volunteers of Guru Gobind Singh College for Women Sector 26, Chandigarh took integrity pledge on 27<sup>th</sup> October, 2020. They promised not to take or give bribe at point in their lives, to act in public interest, to follow all the rules of the government in all the walks of their lives, to perform all the tasks in an honest and transparent manner, to lead by example exhibiting integrity in personal behavior and to report any incident of corruption to the appropriate agency. 80 volunteers took the pledge.





### *Posters and Slogan making on awareness against corruption*

Posters and slogans were made by the volunteers of Guru Gobind Singh College for Women sector 26 Chandigarh for creating awareness against corruption to celebrate vigilance awareness week on 28<sup>th</sup> October, 2020. 30 volunteers made the posters and slogans.



### *Inter College Poster and Meme Competition*

NSS Unit of Guru Gobind Singh College for Women, Sector-26, Chandigarh organized an Inter College Poster and Meme Competition on the theme सतर्क भारत समृद्ध भारत (VIGILANT INDIA, PROSPEROUS INDIA) under its initiative to observe The Vigilance Awareness Week. The competition was announced on 29<sup>th</sup> October, 2020 and the last date of submission was 1st November, 2020. On 2<sup>nd</sup> November, 2020 results were declared. Raveena Chaudhary and Palak Miglani of Guru Gobind Singh College for Women won the 1<sup>st</sup> and 2<sup>nd</sup> position respectively. Sahil Thakur of Govt. P.G. College, Ambala bagged the 3<sup>rd</sup> Position in Poster Making. Three consolation prizes were also announced in the same category. For meme making Simranjot Kaur of Guru Gobind Singh College for women bagged the 1<sup>st</sup> position and Ishpreet Singh of GCCBA, sector 50 got the 2<sup>nd</sup> position. 28 volunteers from different colleges participated and all the participants were issued E-Certificates.



**NATIONAL UNITY DAY**

Volunteers of Guru Gobind Singh College for women, Sector 26, Chandigarh took pledge on National Unity Day i.e. on 31<sup>st</sup> October, 2020 to preserve the unity, integrity and security of the Nation in both the languages - Hindi and English. 75 volunteers took the pledge. The day is celebrated to pay a tribute to Sardar Vallabhbhai Patel on his birthday.

Video link of Pledge (Facebook): <https://fb.watch/9XTIUuyGhZ/>

## **PARTICIPATION IN PRE REPUBLIC-DAY SELECTION**

Two NSS volunteers Sakshi Pundir and Mansi Pahal of Guru Gobind Singh college for women Sector 26 Chandigarh along with NSS PO Savita Saini participated in Pre RDC selection held at DAV college Sector 10 Chandigarh on 5th November, 2020. Both the volunteers participated in Drill, running and cultural activities performed for the purpose of selection. The registration started at 9:30 am and the selection program ended at 4:30 pm.



## **DIWALI CELEBRATIONS**

### ***Visit to Ashiana***

NSS wing of the College celebrated Diwali with children of Ashiana, a specialized adoption center (children home) and Snehalaya for girls, Sector 15 Chandigarh. Diwali goodies were

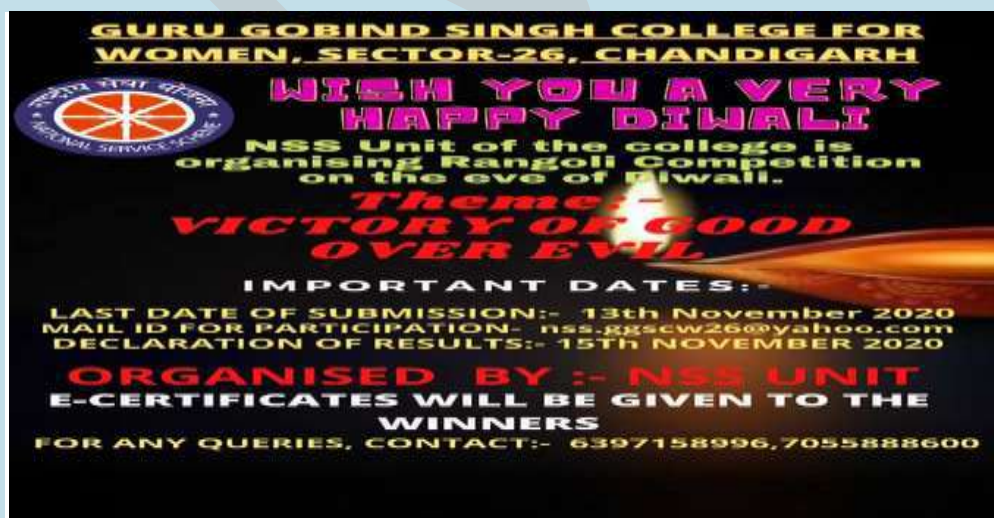


distributed to the children. NSS Programme Officers MS Arshveer Kau and Savita Saini along with 4 volunteers visited Ashiana on 10<sup>th</sup> November, 2020. All the norms of Covid-19 were observed diligently.



### ***Rangoli Competition***

An Inter- College Rangoli competition was organized on the eve of Diwali on the theme – “Victory of Good over Evil”. 19 entries were received from the different colleges. The results were announced on 15<sup>th</sup> November, 2020. Nandini of Guru Gobind Singh College for Women, Sector 26 bagged first prize and 2<sup>nd</sup> and 3<sup>rd</sup> prizes were won by Gunjan Gupta of DAV College, Sector-10 and Tamanpreet Kaur of Gobind Singh College for Women, Sector 26.



## **CONSTITUTION DAY**

### ***Oath***

Constitution Day was celebrated on 26<sup>th</sup> November, 2020 at Guru Gobind Singh College for Women, Sector-26. To mark the day an oath taking ceremony was organized in the college premises whrer Dr. Pooja Malhotra, Assistant Professor, Post Graduate Department of Commerce read the preamble to the constitution to the staff members of the college.



### ***Poster Making***

A poster making competition was also organized amongst the volunteers of NSS wing. 14 volunteers participated in the competition and made attractive and informative posters. The competition was organized to illustrate the message contained in the Preamble.



### ***Movie on Fundamental Duties***

A movie on fundamental duties was shown to the volunteers of the NSS wing of the college. 75 volunteers watched the movie virtually. The movie was shown to increase the awareness amongst the volunteers on importance of fundamental duties and practicing the same in daily lives.

### **PRIZE IN INTER COLLEGE COMPETITION**

Lakshya NSS volunteer of our college participated in online inter college slogan writing competition organized by PGGC of sector 46, Chandigarh. The competition was held under aegis of Ek Bharat Shreshtha Bharat. She won 2<sup>nd</sup> prize in the competition.





**नारा लेखन प्रतियोगिता में संतोषी विजेता**

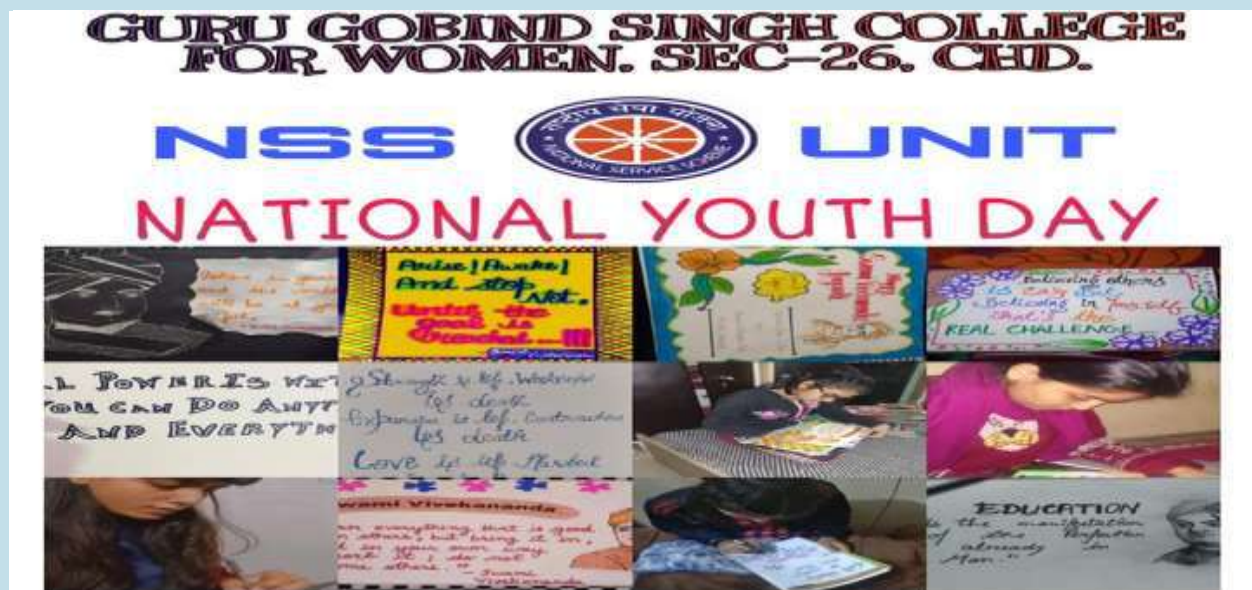
चंडीगढ़। सेक्टर-46 स्थित पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज के एक भारत श्रेष्ठ भारत क्लब व रूसा सेल ने अंतर्राष्ट्रीय मानवाधिकार दिवस पर वेबिनार व नारा लेखन प्रतियोगिता का आयोजन किया गया। कॉलेज प्राचार्य प्रो. कमलेश बजाज ने वर्तमान समय में मानव अधिकारों की भूमिका और महत्व पर प्रकाश डाला। कार्यक्रम में राष्ट्रीय भ्रष्टाचार और मानव कल्याण संगठन के अध्यक्ष दीपक शर्मा मुख्य वक्ता के रूप में पधारे। नारा लेखन प्रतियोगिता में पीजीजीसी- 46 में बीए-II की संतोषी पहले, बीए-II की ममता व जीजीएससीडब्ल्यू-26 में बीए-III का लक्ष्य दूसरे और पीजीजीसी-11 में बीकॉम की प्रगति ठाकुर व पीजीजीसी-46 में बीए द्वितीय की वंदना तीसरे नंबर पर रही।

टीम की 13 लड़कियों ने प्राचीन केंद्र की परीक्षा में बाजी मार ली है लड़कियों ने 70 प्रतिशत से अधिक लेकर एक्टिविटी टीम का नाम किया है। मुस्कान प्रथम, अंशु द्वितीय, रितिका तृतीय रहीं।

अमिता मारवाह ने बताया कि पतराना, तत्कार, गट, टोडा घराना व तरह की परीक्षा ली गई। प्राचीन केंद्र की प्रमुख शोभा कोछड़ ने ब इस हौसले और कोशिश के लिए

## NATIONAL YOUTH DAY

To give tribute to Swami Vivekananda Ji on his birth anniversary NSS volunteers of Guru Gobind Singh College for Women, Sector-26 made posters on the teachings of Swami Ji on 12<sup>th</sup> January, 2021. Swami ji and his teachings were remembered to pay homage to him. 40 volunteers participated to celebrate the National Youth Day.



## **NSS SEVEN DAYS SPECIAL CAMP**

*Day one (21<sup>st</sup> January, 2021)*

- The day started with assembly at the college ground.
- A total of 62 students participated in the special camp.
- First Self Defense Training session was held after Tea for one hour.
- Then Orientation was held with the volunteers wherein duties and responsibilities were assigned to the volunteers. Various committees namely discipline, hospitality, decoration, cleanliness, cultural were formed for the smooth functioning of various activities during the camp.
- Post lunch, the students started the rehearsals for the Nukkad Natak to be organized at adopted village- Kishangarh, during the camp which was followed by distribution of the winter clothes, toys and goodies to the needy.



### ***Day Two (22<sup>nd</sup> January' 2021)***

- Day two activities started with an assembly followed by the physical exercise at the college ground.
- After that practice of Parade for celebrating Republic Day was done followed by 2<sup>nd</sup> session of the self-defense training.
- Thereafter, the volunteers practiced for the Nukkad Natak.



- Post lunch pledge in English for water conservation and in Gujarati for Swachhtha was taken. The volunteers also made a formation of water drop for showing their awareness and making others too aware on the importance of water.
- At the end the college and hostel lawns were cleaned by the NSS volunteers.



### ***Day Three (23<sup>rd</sup> January' 2021)***

- Day three started with prayer and physical exercise at the college ground followed by drill practice for the parade.
- After that third session of the self-defense training began.
- Subsequently, the volunteers wrote essays on 'Neta Ji Subhash Chandra Bose- An Inspiration for all the Indians' for celebrating the birthday of Neta Ji Subhash Chandra Bose.
- Post lunch the volunteers went to the adopted village at Kishangarh, and performed a Nukkad Natak on Awareness on Covid-19 and Personal hygiene.



#### ***Day Four (24<sup>th</sup> January' 2021)***

- Day four started with assembly and physical exercises at the college ground.
- After that the fourth session of the self-defense training began.
- A workshop on clay modeling conducted by Mr. Tulsi Ram (state awardee) was organized for the volunteers. The main aim of the workshop was to inspire the students to express themselves through their creativity and imagination.
- Post lunch volunteers practiced for the drill for parade.
- After the drill practice, door to door campaign on awareness on Covid-19 and Personal Hygiene in the adopted village, Kishangarh was organized.
- The day concluded with a visit to Ashiana Children's Home, Sector-15, Chandigarh



### ***Day Five (25<sup>th</sup> January'2021)***

- Day five started with assembly and physical exercise at the college ground followed by the fifth session of the self-defense training.
- After the training a workshop was organized on Art and Craft lead by Ms. Narita Wadhera and Ms. Komal in which the volunteers learnt various innovative ways to create different articles.
- Post lunch the volunteers made thanks giving cards for distributing the same to the public servants who work day and night to serve our society.
- The volunteers practiced for the parade to be performed on 26<sup>th</sup> January.



- Subsequently volunteers visited the Senior Citizens Home and Day Care Centre in Sector-15, Chandigarh.



### *Day Six (26<sup>th</sup> January'2021)*

- Day six started with prayer and physical exercise at the college ground.
- Thereafter the sixth session of the self-defense training began.
- After the training the volunteers did parade in the college campus to celebrate the Republic day.
- Kite making competition was also organized amongst the students in which the students made beautiful kites depicting different slogans on the same.
- Post lunch the thanks giving cards made for the public servants along with Masks and Sanitizers were distributed by the volunteers.







### *Day Seven (27<sup>th</sup> January'2021)*

- Day seven started with assembly and physical exercise at the college ground followed by the seventh and the last session of the self-defense training for the volunteers.
- Mr. Bikram Rana, Sate Liaison Officer gave an inspirational speech to the volunteers followed by playing of games like 100 mts race, Musical Chairs etc.
- Post lunch the volunteers celebrated the day by participating in cultural activities.
- The camp concluded with prizes distribution to the winners of various activities performed during the seven day special camp.







## **WORLD CANCER DAY**

To mark the World's cancer day on 4<sup>th</sup> February, 2021 the NSS volunteers of Guru Gobind Singh College for Women, Sector-26 participated in intra-college video making competition on the topic "Cancer-Beat it". The videos were sent by 15 volunteers. Prachita of B.com 1<sup>st</sup> Year, Komal of BA 1<sup>st</sup> Year, Sakshi Pundir of B.com 3<sup>rd</sup> Year and Juhi Kumari of BA 2<sup>nd</sup> Year were chosen as the prize winners.

## **WORKSHOP ON PLASTIC MANAGEMENT**

A workshop on one time plastic use was organized under the aegis of Action for Clean and Green Chandigarh E-waste and plastic waste management training organized by Chandigarh Pollution Control Committee in collaboration with Swarmani Youth Welfare Association Chandigarh on 6<sup>th</sup> March, 2021. 50 volunteers participated in the activity. The workshop was led by Mr. Rohit Kumar and focus was to reduce, reuse and recycle the one time use plastic.



## **WOMEN'S DAY**

Women's Day was celebrated by volunteers of Guru Gobind Singh College for Women, Sector-26 on 8<sup>th</sup> march 2021. As we know, menstrual hygiene is an issue, women have been facing over the years. Keeping this in view, 10 NSS volunteers and 2 NSS Programme officers visited Aashiana Children home in Sector 15, Chandigarh and distributed sanitary napkins to 70 resident girls of the children home. COVID-19 Norms were followed.



### **ACTION FOR CLEAN AND GREEN CHANDIGARH**

On 16<sup>th</sup> March, 2021 under the aegis of Action for Clean and Green Chandigarh E-waste and plastic waste management training organized by Chandigarh Pollution Control Committee in collaboration with Swarmani Youth Welfare Association Chandigarh organized wall painting and vertical gardening by utilizing used cold drink bottles. 25 volunteers participated and helped the team in painting the wall and doing the vertical gardening. Students learnt the importance of recycling and plastic waste management through this activity.





## **AZADI KA AMRUT MAHAUTSAV**

### *Slogan Writing*

A slogan writing competition was organized by the NSS wing of the college on 17<sup>th</sup> March 2021 to celebrate 17 years of independence- Azadi Ka Amrut Mahautsav. 18 volunteers participated in the competition. Kismet Gautam of BCA III Year, Jyoti Maurya of B.Com II year and Arshnoor Kaur of Bcom II Year won I, II and III prizes respectively.



### *Just a minute*

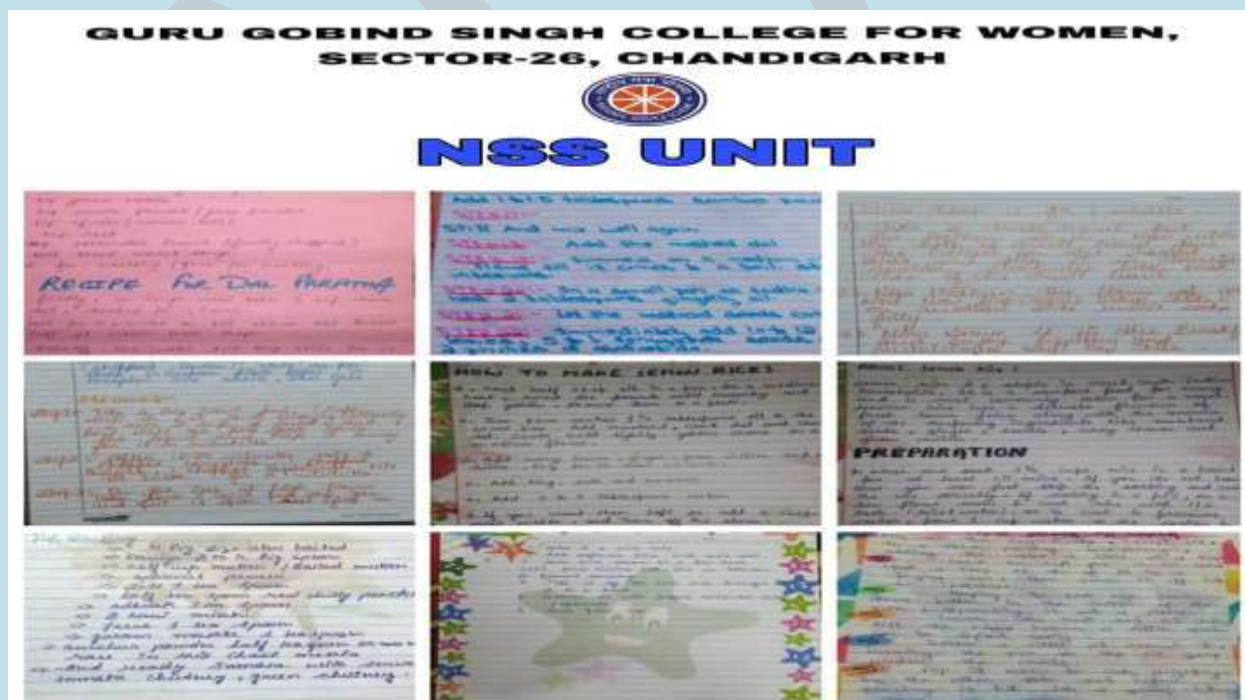
Just a minute Competition was held on topic “My ideal Freedom Fighter” under the aegis of Azadi Ka Amrut Mahotsav for celebrating 75 years of Independence on March 22<sup>nd</sup>, 2021. 13 volunteers participated in the same. Sadhna of BA 2<sup>nd</sup> year won 1<sup>st</sup> prize and Gopika Gaba of B.com 3<sup>rd</sup> won 2<sup>nd</sup> position in the contest.

Video link (Facebook): <https://fb.watch/9XU12BZlik/>

## **POSHAN MAH**

### *Healthy Recipes*

To mark Poshan Mah, NSS volunteers of GGSCW Sector 26 Chandigarh shared recipes of healthy dishes virtually on 23<sup>rd</sup> March 2021, 24 volunteers shared their handwritten healthy recipes through social media. First position was backed by Sewak Kaur of B.Com II year, second by Amrita kumari of B.Com II year and third position by Lakshay of B.A. III year. The activity in that was making the volunteers aware of nutritious food and their learning on how to cook the same.



### *Poster Making*

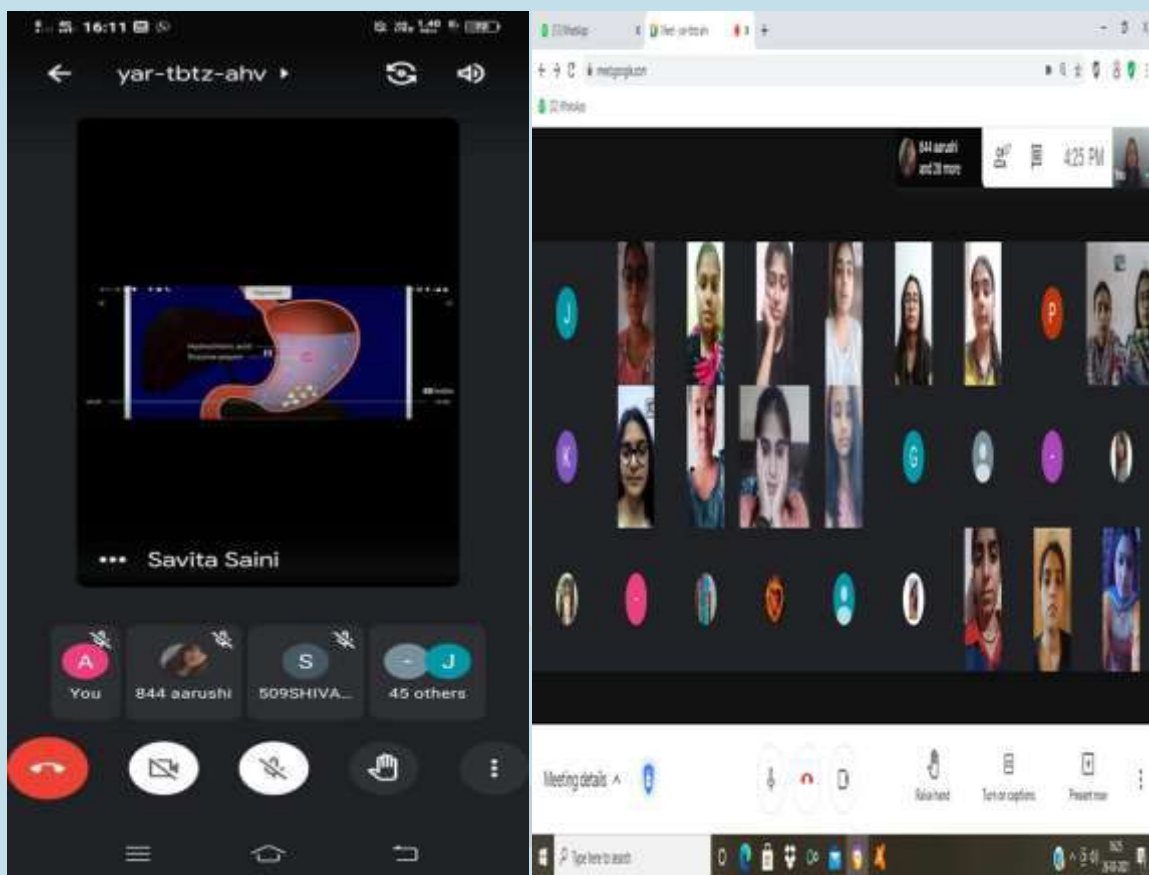
Another day of Poshan Mah was celebrated on March 24, 2021. The volunteers participated in the poster making competition on the topic balanced diet. 21 volunteers participated in the activity. Simranjot Kaur of B.com 2<sup>nd</sup> year, Prachita of B.com 1<sup>st</sup> year and Lalita of B.com 2<sup>nd</sup> year bagged the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> position respectively.



### Webinar on Nutrition

NSS wing of GGSCW 26 organized a webinar in which a video on nutrition in human beings was shown to the volunteers on March 26, 2021. 57 volunteers participated in the same. The activity aimed at making the volunteers more nutrition conscious and to develop a healthy and balanced eating habit amongst them.





## **INTERNATIONAL FAMILY DAY**

On 15<sup>th</sup> May 2021, NSS volunteers of Guru GObind Singh college for women, celebrated international family day to strengthen the bond between the members of their families. The volunteers cooked dishes for their respective families and enjoyed the same together. 40 volunteers participated in the same.

## **GURU GOBIND SINGH COLLEGE FOR WOMEN, SECTOR-26, CHD**



### *International Day of Families*



### **YOUNG WARRIOR PROGRAMME**

NSS volunteers of the college participated in virtual meeting/training programme in coordination with regional/state representative of UNICEF-MoYAS Yuwaah Young warrior programme on 22<sup>nd</sup> May 2021 from 3:00 pm to 5:00 pm through zoom link. The aim of the discussion was to impart important knowledge to combat COVID-19 pandemic to the volunteer, so that the volunteers can further impart the knowledge to the public. 25 volunteers of the college participated in the session.

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Participants (275)

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GGSCW 26 Amrita (Host)

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Deepak Saharan

3 Months Roadmap for Implementation Subsequent

1. Initial Assessment: Needs, Capacity, Values

2. Action Planning: Goals, Objectives, Activities

3. Implementation: Monitoring, Evaluation, Reporting

THE PLAN

Assessing Needs  
Conduct needs assessment to understand the current situation, identify gaps, and determine the scope of the project.

Developing Strategy  
Formulate a clear, concise, and measurable strategy that aligns with the organization's mission and vision.

Implementing the Plan  
Execute the strategy by allocating resources, assigning tasks, and monitoring progress.

Monitoring & Evaluation  
Track the progress of the plan, measure outcomes, and identify areas for improvement.

Reporting & Communication  
Communicate the results of the plan to stakeholders, provide feedback, and ensure transparency.